



Advance Your Health & Vitality!

AdVital

ADVANCED NUTRITION

BULK MIXING GUIDE

Add AdVital to food and drink to help boost protein, energy, and vitamin and mineral intake without altering taste or aroma. Use this bulk mixing guide for a quick and easy way to get more AdVital in everyone's day!

BULK MIXING INSTRUCTIONS:

1. Measure the required amount of fluid into a blender, or large mixing container if using a stick blender.
2. Measure amount of AdVital using the dosage guide below (for 200 mL serves).
3. Add the AdVital to the fluid and dissolve by blending until smooth.



DOSAGE GUIDE:

Number of 200 mL Serves	Amount of Fluid (e.g. water, milk)	AdVital	
		Number of Scoops	Weight
5	1 Litre	5 x	200 g
10	2 Litres	10 x	400 g
20	4 Litres	20 x	800 g
25	5 Litres	25 x	1 kg
30	6 Litres	30 x	1.2 kg
40	8 Litres	40 x	1.6 kg
50	10 Litres	50 x	2 kg

Once prepared, food and drinks should be handled and stored according to your site's Food Safety protocols. Flavour Creations recommends use of the '2 hour/4 hour rule' for serving vulnerable persons, refrigeration between serving, and discarding any leftover product after 24 hours.



1 scoop = 40 g (scoop included in every can and pail of AdVital)

For delicious & nutritious AdVital recipes, visit advital.com.au !

GLUTEN FREE

HIGH IN VITAMIN A, D & E

HIGH IN PROTEIN & CALCIUM